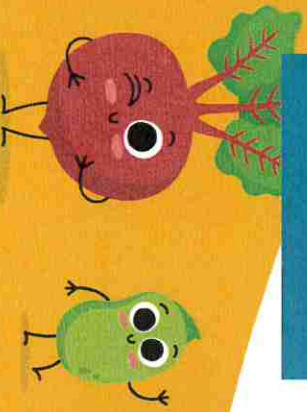


SPRING TERM

# MENU CYCLE WEEK ONE

03/01/22  
24/01/22  
14/02/22  
14/03/22  
04/04/22

|              | MONDAY                                     | TUESDAY               | WEDNESDAY             | THURSDAY                | FRIDAY                |
|--------------|--|-----------------------|-----------------------|-------------------------|-----------------------|
| MAIN COURSE  | Meatballs, Tomato Sauce & Pasta            | Sweet & Sour Chicken  | Roast Chicken & Gravy | Beef Burger             | Pepperoni Pizza       |
| VEGETARIAN   | Mac 'N' Cheese                             | Vegetable Spring Roll | Quorn Roast & Gravy   | Vegetable Burger        | Cheese & Tomato Pizza |
| STARCHY FOOD | Garlic Bread                               | Rice                  | Roast Potatoes        | Herby Sliced Potatoes   | Chips                 |
| VEGETABLE    | Peas                                       | Sweetcorn             | Carrots               | Sweetcorn/Coleslaw      | Baked Beans           |
| DESSERT      | Rice Krispie Cake                          | Muffin Selection      | Chocolate Brownie     | Lemon Cake with Custard | Chocolate Mousse      |
| CARBS        | Jacket Potatoes with Cheese, Beans or Tuna |                       |                       |                         |                       |



**Food Allergies and Intolerance**  
If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.



Available Daily Yoghurt Pots, Freshly Made Fruit Pots, Sandwiches & Seasonal Salad Selection



SPRING TERM

# MENU CYCLE WEEK TWO

10/01/22  
31/01/22  
28/02/22  
21/03/22

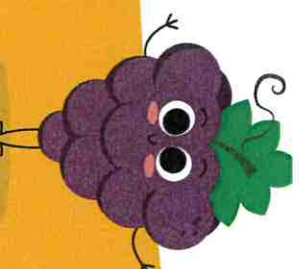
|              | MONDAY                                     | TUESDAY                  | WEDNESDAY                              | THURSDAY           | FRIDAY                |
|--------------|--|--------------------------|--|--------------------|-----------------------|
| MAIN COURSE  | Chicken & Sweetcorn Pasta                  | Breaded Chicken Strips   | Roast Beef, Yorkshire Pudding & Gravy  | Pork Sausage       | Ham Pizza             |
| VEGETARIAN   | Vegetable Pasta Bake                       | Quorn Pieces             | Quorn Roast, Yorkshire Pudding & Gravy | Vegetarian Sausage | Cheese & Tomato Pizza |
| STARCHY FOOD | Garlic Bread                               | Oven Roasted Wedges      | Roast Potatoes                         | Boiled Potatoes    | Chips                 |
| VEGETABLE    | Peas                                       | Sweetcorn                | Carrots                                | Sweetcorn/Coleslaw | Baked Beans           |
| DESSERT      | Muffin Selection                           | Marble Cake with Custard | Lemon Shortbread                       | Jam Sponge         | Mini Doughnuts        |
| CARBS        | Jacket Potatoes with Cheese, Beans or Tuna |                          |  |                    |                       |



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Available Daily Yoghurt Pots, Freshly Made Fruit Pots, Sandwiches & Seasonal Salad Selection

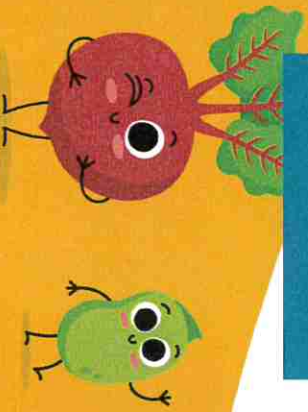


SPRING TERM

# MENU CYCLE WEEK THREE

17/01/22  
07/02/22  
07/03/22  
28/03/22

|              | MONDAY                                     | TUESDAY                   | WEDNESDAY      | THURSDAY                 | FRIDAY                |
|--------------|--|---------------------------|----------------|--------------------------|-----------------------|
| MAIN COURSE  | Fish Fingers                               | Pork Sausage              | Roast Gammon   | Marinated Chicken Burger | Sausage Pizza         |
| VEGETARIAN   | Vegetable Frittata                         | Ratatouille               | Quorn Fillet   | Vegetarian Burger        | Cheese & Tomato Pizza |
| STARCHY FOOD | Herby Sliced Potatoes                      | Mashed Potato             | Roast Potatoes | Oven Roasted Wedges      | Chips                 |
| VEGETABLE    | Peas                                       | Sweetcorn                 | Carrots        | Sweetcorn/Coleslaw       | Baked Beans           |
| DESSERT      | Strawberry Mousse                          | Syrup Sponge with Custard | Flapjack       | Lemon Drizzle Cake       | Ice Cream             |
| CARBS        | Jacket Potatoes with Cheese, Beans or Tuna |                           |                |                          |                       |



**Food Allergies and Intolerance**  
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Available Daily Yoghurt Pots, Freshly Made Fruit Pots, Sandwiches & Seasonal Salad Selection

