



(DF) = Dairy Free
(GF) = Gluten free

WEEK ONE MENU

Jacket potatoes available Daily
(DF GF)
Cheese, Beans, Tuna



	Main Offer	Vegetarian	Starchy Side	Veggie Sides	Desserts	
MONDAY	Meatballs in gravy (DF)	Homemade Tomato Sauce pasta bake	Pasta & Garlic Bread (DF)	Mixed veg (DF) (GF)	Fruit Flapjack(DF) Fruit of the Day (GF) (DF)	Gluten free option available G f Homemade Tomato Sauce pasta bake
TUESDAY	Breaded Chicken Strips separate Sweet chilli sauce (DF)	Quorn Dippers separate Sweet chilli sauce (DF)	Yellow Rice (DF) (GF)	Garden Peas (DF) (GF)	Banana muffin(DF) Jelly(DF) (GF)	Gluten free option available G f Chicken Strips Sweet chilli sauce (DF)
WEDNESDAY	Roast Gammon with Gravy (DF) (GF)	Homemade Cheese and Potato Pie (GF)	Roast Potatoes (DF) (GF) Yorkshire Pudding	Carrots Green Beans (DF) (GF)	Fruit salad Jelly (DF) (GF) Fruit of the Day (DF) (GF)	Gluten free option available
THURSDAY	Hot Dog with Ketchup (DF)	Quorn Hot Dog (DF)	Herby diced potatoes (DF) (GF)	Sweetcorn (DF) (GF)	Marble Cake (DF) with Custard (GF) Jelly(DF) (GF)	Gluten free option available G f Hot Dog with Ketchup (DF)
FRIDAY	Salmon Fishcake (DF)	Cheese and Tomato Pizza	Chips (DF) (GF)	Baked Beans (DF) (GF)	Cornflake Cake (DF) Fruit of the Day (DF) (GF)	Gluten free option available G f Cheese and Tomato Pizza

Food Allergies & Intolerance If you require information on allergens or suffer from a food intolerance please speak to a team member before you order your food or drinks.



SEASONAL KITCHEN

Week commencing : 04/09 - 25/09 - 16/10 - 13/11- 04/12



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WEEK TWO MENU

Jacket potatoes available Daily (DF GF)
Cheese, Beans, Tuna



	Main Offer	Vegetarian	Starchy Side	Veggie Sides	Desserts	Available Everyday
MONDAY	Chilli con carne (DF) (GF)	Mixed bean and lentil chilli	Rice(DF) (GF) & Tortilla chips (DF) (GF)	Peas and sweetcorn Mixed (DF) (GF)	Blueberry Muffin Fruit of the Day(DF) (GF)	Gluten free option available
TUESDAY	Chicken Burger (DF)	Veggie Burger (DF)	Diced Potatoes (DF) (GF)	Baked beans (DF) (GF)	Chocolate chip Shortcake Jelly (DF) (GF)	Gluten free option available Gf Veggie Burger
WEDNESDAY	Sausages with Gravy (DF)	Cheese pasty roll	Roast Potatoes (DF) (GF) Yorkshire Pudding	Carrots Broccoli (DF) (GF)	Ice Cream Fruit of the Day(DF) (GF)	Gluten free option available G f Sausages
THURSDAY	Chicken Nuggets (DF)	Quorn Nuggets (DF)	Noodles	Garden Peas(DF) (GF)	Chocolate Sponge(DF) (GF) with Chocolate Custard(GF) Jelly(DF) (GF)	Gluten free option available G f Chicken Strips Gf pasta
FRIDAY	Salmon Fishcake (DF)	Cheese and Tomato Pizza	Chips (DF) (GF)	Baked Beans(DF) (GF)	Cookie Selection Fruit of the Day	Gluten free option available Gf Cheese and Tomato Pizza

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SEASONAL KITCHEN

Week commencing : 11/09 – 02/10 – 23/10 -20/11 – 11/12



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WEEK THREE MENU

Jacket potatoes available Daily
(DF GF)
Cheese, Beans, Tuna



	Main Offer	Vegetarian	Starchy Side	Veggie Sides	Desserts	Available Everyday
MONDAY	All Day Breakfast Sausage and Scrambled Egg	All Day Breakfast Quorn Sausage and Scrambled Egg	Hash Brown (DF) (GF)	Baked Beans (DF) (GF)	Chocolate Muffin (DF) Fruit of the Day (DF) (GF)	Gluten free option available Gf All Day Breakfast
TUESDAY	Meatballs in Separate tomato sauce	Quorn Bolognaise	Pasta & Garlic Bread	Peas & Sweetcorn (DF) (GF)	Jamy Traybake Jelly(DF) (GF)	Gluten free option available Gf Chicken in Separate tomato sauce Gf pasta
WEDNESDAY	Roast Chicken (DF) (GF)	Quorn Cottage Pie	Roast Potatoes(DF) (GF) Yorkshire Pudding	Carrots Broccoli (DF) (GF)	Apple Crumble (DF) With Custard Fruit of the Day(DF) (GF)	Gluten free option available
THURSDAY	<h2>Theme Day Menu</h2>					Gluten free option available
FRIDAY	Salmon Fishcake (DF)	Cheese and Tomato Pizza	Chips (DF) (GF)	Baked Beans(DF) (GF)	Cookie Selection (DF) (GF) Fruit of the Day (GF)	Gluten free option available Gf Cheese and Tomato Pizza

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SEASONAL KITCHEN

Week commencing: 18/09 – 09/10 – 06/11 – 27/11 – 18/12